

Menu Maart Oostduinlaan

Monday 04-03

Spaghetti Bolognese with a side salad

Tuesday 05-03

Casserole with minced meat, potato gratin, mushrooms, leek, bell pepper and onion

Wednesday 06-03

Shoarma with a pita bread, bell pepper, onion and a garlic sauce

Thursday 07-03

Pork sausage, cauliflower with cheese sauce and small potato

Friday 08-03

Fish fillet with rice, peas and carrots

Monday 11-03

Beef roll with potato wedges and broccoli

Tuesday 12-03

Pasta with pork tenderloin pieces, leek, spring onion, tomato and a creamy pesto sauce

Wednesday 13-03

Veal spareribs with rösti potato and a fresh salad

Thursday 14-03

Taco's with minced meat, bell pepper, onion, brown beans and a tomato salsa

Friday 15-03

Pork tenderloin with boiled potatoes and green beans

Monday 18-03

Nasi (fried rice) with leek, bean sprouts, ham and foe yonghai

Tuesday 19-03

Mac and cheese with a cucumber and tomato salad

Wednesday 20-03

Turkish bread with shoarma meat cheese and fresh salad

Thursday 21-03

Chicken wings with mixed vegetables and pomme rissolées

Friday 22-03

Salmon with a creamy sauce, mashed potatoes and Spinach

Monday 25-03

Chicken filet with stroganoff sauce, potato croquette and cauliflower

Tuesday 26-03

Cod fish with tomato sauce, mixed vegetables and rice

Wednesday 27-03

Classic beef burger ESH with bacon, cheese. Fresh salad and pomme duchesse

Thursday 28-03

Wrap with minced meat, bell pepper, onion, mushroom and a fresh salad

Friday 29-03

Pork sausage with white beans in tomato sauce and mashed potato

**(we always make sure that there is a replacement for beef, pork or fish and a vegetarian option)
(changes to the menu can occur)**